

VOICE AGAINST VIOLENCE



STAND UP

TU'U HAKE

SPEAK OUT

LEA MAI

TAKE ACTION

FAI HA NAGUE



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Tonga Police



Program Endorsement

TO WHOM IT MAY CONCERN

RE: Voices Against Violence Program: Secondary Schools Program

NRL Tonga is a gender-based violence advocacy partner of the Tonga Police in its fight to reduce domestic violence in Tonga. NRL Tonga is one of a few non-government organizations that Tonga Police has a formal working relationship with to deliver gender-based violence community programs.

The Secondary School Program is a joint initiative between NRL Tonga and Tonga Police which deliver knowledge and awareness activities to secondary school children that helps inform their decision-making and behaviour towards gender violence.

Tonga Police appreciates the time taken by your school to engage and participate in these programs. The Voices Against Violence is a big part of building safer Tongan communities for our children.

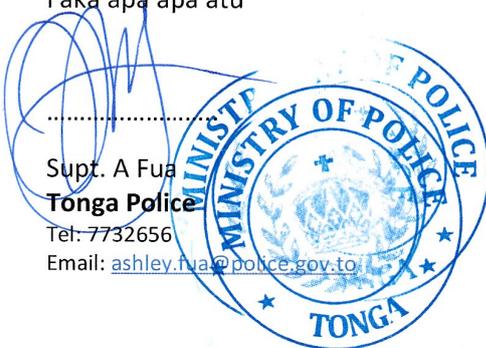
Faka'apa'apa atu

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NRL Background

The National Rugby League in Tonga (NRL TONGA) is a community outreach organisation that was established in 2015. The overarching goal of the NRL Tonga Program is to engage and develop communities to improve Health, Gender equality, with a particular focus on prevention of gender-based violence, social cohesion and participation opportunities for people with a disability.

In September 05, 2018 NRL Tonga launched the Voice against Violence Program

The Voice against Violence Program is an international and non-formal co-educational curriculum which engages young boys and girls, teenagers, adults , parents and the community in conversations about violence.

OUR GOAL

Is to reduce incidents of gender-based violence and encourage gender equality through community engagement and education programs. This booklet is designed to educate, create awareness, based on the statistics and the reality of Gender Based Violence, particularly towards women in Tonga. Also, to understand, acknowledge the impact it has on our people and society. This enables youth and adults to have a VOICE and address the situation by **STANDING UP SPEAKING OUT AND TAKE ACTION.**

IT ONLY TAKES

ONE VOICE

YOUR VOICE



Workshop Conduct and Care

Gender Based Violence

Violence against women and children has a profound long term effect on their wellbeing

There is a high rate of domestic violence in Tonga, with three in four women having experienced variety forms of violence with the house household.

Long term trauma and family breakdown occurs are a result of gender based violence / domestic violence. There is a lack of social support for women who have experienced domestic violence.

WE Believe

Sport, and the young kids have the capacity to positively influence attitudes and behaviours on this issue.

Sport & education are an intrinsic part of Tonga's pivotal and influential mechanism to address gender inequality and prevent violence against women.

The NRL's reach, profile and players create a valuable vehicle for encouraging communities to stand up, speak out and take action.

WE Provide

Workshops and campaigns to young men and women through sport, schools, community to spread to awareness.

Educational workshop across Tonga, designed to increase and understand the issue of gender based violence

A national media campaign broadens the NRL's reach to the community through , television, radio, print online, social media, and school program deliveries.

Leads To

Improved social understanding and prevention of gender based violence and family violence.

Changing attitudes around domestic violence within communities through more informed discussion of the issue improved understanding of the issue and an increased sense of personal responsibility.

Increased family and community cohesion.

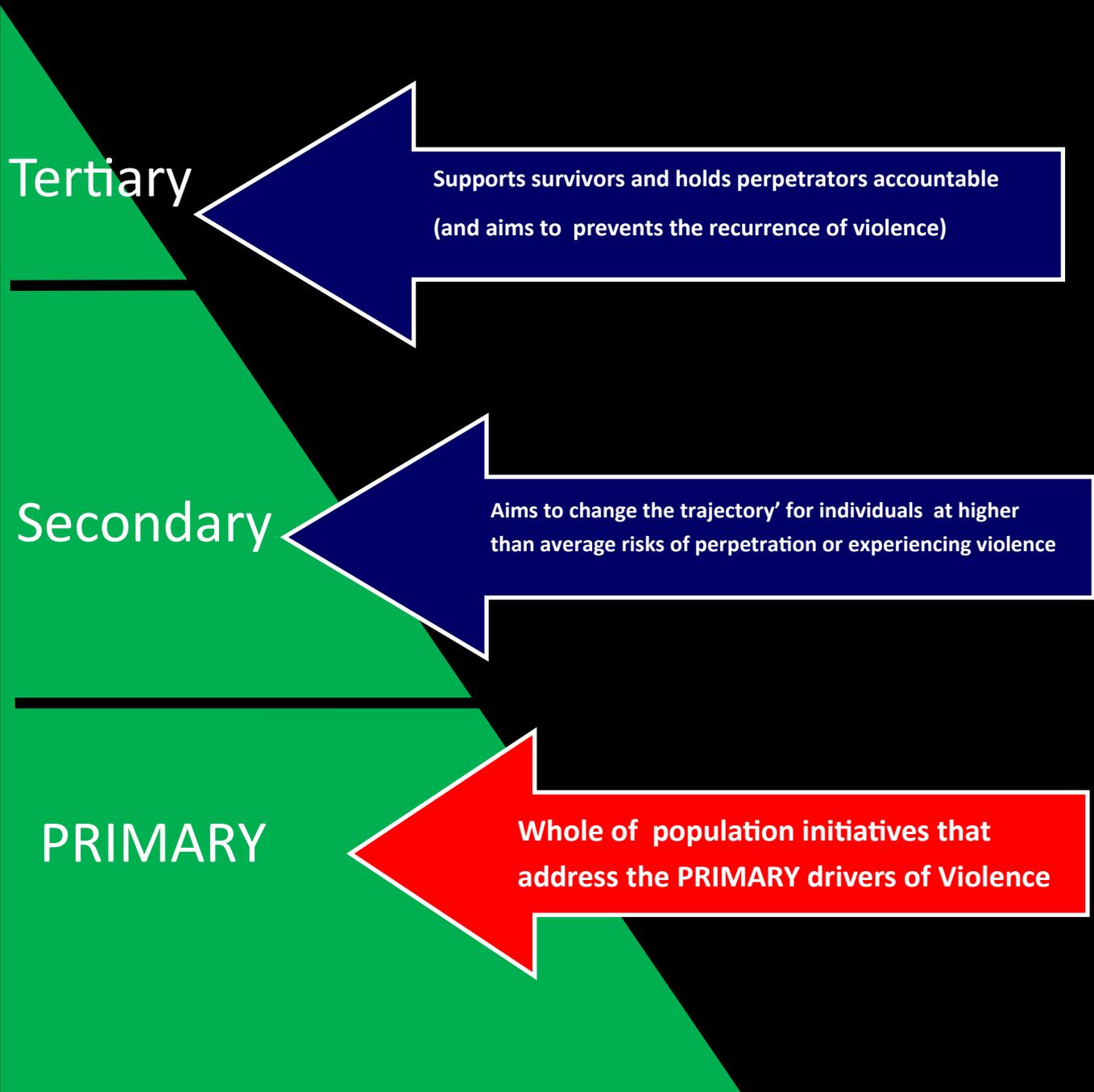
Results In

The prevention of Gender Based Violence and increase in Equality.

Women are given an increase sense of safety, community support and are aware of the services available to assist them

Gender inequality is addressed and reduced

Primary Prevention



Key Components

Education workshop

Two hour workshop run in grassroots clubs with 16-18 year old RL players, facilitated by Community Program Deliverers (CPD) and supported by VAV Player Advocates. As a team, participants agree to three actions their club will lead and implement to make a difference to the issue of violence in their community.

Awareness Campaign

Aims to promote the MRL's program within the community and encourage members of the public to stand up, speak out and take action. The NRL joins forces with our expert partners each year to promote violence prevention messages.

FORMS OF VIOLENCE

Violence can take a number of different forms

PHYSICAL

Hitting, kicking, slapping, spitting, use of weapons

SEXUAL

Sexual assault, unwanted sexual attention

EMOTIONAL

Talking down, constant insults, humiliation

VERBAL

Making threats, using intimidation

ECONOMIC

Controlling all the money and what another person can purchase or spend money on

ISOLATION

Isolating the person from family, friends and support

COERCIVE CONTROL

Looks, intimidating body language

STALKING

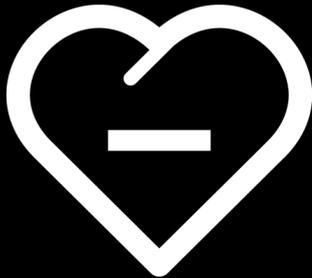
Constant texts, phone messages, following someone

SPIRITUAL

Denial and/or misuse of religious beliefs

Relationship

Unhealthy and unhappy relationship?



- ◆ Partners regularly putting each other down or not demonstrating support for one another
- ◆ Adults fighting on Facebook
- ◆ One partner controlling the majority of decisions – where the couple go, who they see, what they spend
- ◆ Young children and battles over custody..
- ◆ Feelings of fear
- ◆ Extreme jealousy
- ◆ Partners taking inappropriate photo without the knowledge of the other person and use it as a form of control to keep the person
- ◆ Partners constantly checking up on one another – checking emails, messages and where the other person is going.

Healthy and happy relationships?



- ◆ Partners regularly communicating or demonstrating support for one another
- ◆ Partners having equal input into decisions
- ◆ Partners continuing to engage with their normal social network
- ◆ Partners demonstrating trust in one another
- ◆ Feelings of Love

Statistic In Tonga



2 in 3

women have experienced physical; violence by someone other than their partner since they were 15 years' old



3 in 4

women in Tonga have experienced physical or sexual violence in their lifetime by someone partner or non-partner



2 in 3

women experienced physical violence by someone other than a partner since they were 15 years old, main perpetrators were fathers and teachers



3 in 4

victims/survivors DID NOT seek help from agencies or authorities



OVER 50%

half of the women who experienced physical partner violence reported that their children had witnessed it



47%

of abused women had not told anyone of the abuse/violence they experienced

THE CULTURE

IS IN

YOUR HANDS



RIPPLE EFFECT

The ripple effect is a situation in which, like ripples expanding across the water when an object or something is dropped into it

A situation in which one thing causes a series of other things to happen: Even small changes to packaging have a significant ripple effect.

The ripple effect can be observed in how interactions can affect situations not directly related to the initial interaction, but where information can be disseminated and passed from community to community to broaden its impact.

Consequences

The Voice against Violence program is used as a stepping stone and a foundation of Gender Based Violence prevention.

Every action has a consequence. It is subjected to effect a variety of relations. In sports, team players and individuals are showcased as role model not only to their profession but also to their community. Every action and decision they undertake are influential in which it can lead to influencing not only themselves, their team, club, but their family and community as a whole.

Gender based violence towards women does not just affect women. It also spreads and affect their children and the community. GBV can lead to family separation ,bodily harm, mental health, homelessness and ultimately death.



The consequences of this violence can be..



DEATH



Violence against women is only the TIP OF THE ICE BERG, underneath that exists discrimination of all kinds travesties, abuse and dark forms of violence.



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G

Where can you get support or advice? PROFESSIONAL HELP

- Police 922
- Family Protection Legal Aid Centre (FPLAC) +676 0800 555 & 26388
- WCCC Crisis Help Line +676 0800-444

Biography

<https://eca.unwomen.org/en/news/stories/2019/01/10-myths-about-violence-against-women-and-girls>

<https://plan4womenssafety.dss.gov.au/resources/what-is-violence-against-women/>

https://www.spc.int/DigitalLibrary/Doc/HDP/Gender/Gender_Equality_Where_do_we_stand_The_Kingdom_of_Tonga.pdf?attachment=true

<http://pilonsec.org/strategicplan/sgb-violence>

<https://plan4womenssafety.dss.gov.au/resources/what-is-violence-against-women/>

<https://www.nrl.com/search/?keyword=voice+against+violence&sort=Relevance>

<https://mfftonga.wordpress.com/>





VOICE AGAINST VIOLENCE

**IT ONLY TAKES
ONE VOICE,
YOUR VOICE.**

NRL.COM/COMMUNITY





Digicel

