

Help Reggie become Resilient

Hi, my name is
Reggie
Resilience



How can Reggie respond when he is facing challenges?

Example: Try-Learn-Grow

Write down some people who can be on Reggie's support team

Example: Mum-Dad-Teammates-Teachers

Create a saying he can use to help inspire him through low times

Example: A setback is just an opportunity for a comeback
